

winter lunch menu } december 2019 january 2020 february 2020

monday

tuesday

wednesday

thursday

friday

December 2, 2019

Rotini Pasta
Tomato Cream Sauce
and Mozzarella Cheese
Peas
Applesauce

December 3, 2019

Pizza Muffin w/Marinara
Cucumbers
Pineapple

December 4, 2019

Chipotle Lime Chicken
Chipotle Lime Tofu
Brown Rice
Green Beans
Fruit Salad

December 5, 2019

Turkey Sausage Patty
Veggie Sausage Patty
French Toast
Broccoli
Orange Slices

December 6, 2019

Bean and Cheese Burrito
Steamed Carrots
Apple Slices

December 9, 2019

Adobo Chicken
Adobo Tofu
Flour Tortillas
Peas & Carrots
Cantaloupe

December 10, 2019

Three Bean Chili
BBQ Tofu
Cornbread
Roasted Sweet Potatoes
Pear Slices

December 11, 2019

Turkey Meatloaf
Veggie-loaf
WG Bread
Broccoli
Pineapple

December 12, 2019

Orange Chicken Breast
Orange Tofu
Brown Rice
Cucumber
Fruit Salad

December 13, 2019

Tortellini Marinara
Green Beans
Orange Slices

December 16, 2019

Sweet & Sour Chicken
Sweet & Sour Tofu
WG Bread
Peas
Apple Slices

December 17, 2019

Penne Pasta Marinara
Broccoli
Fruit Salad

December 18, 2019

Beef Burger
Veggie Burger
Mashed Potatoes
Pineapple

December 19, 2019

Creamy Mac and Cheese
Cucumber
Pears

December 20, 2019

Fish Tenders
Veggie Nuggets
WG Bread
Oranges Slices

December 23, 2019

Turkey Taco
Boca Taco
Flour Tortilla
Butternut Squash
Pear Slices

December 24, 2019

Ravioli Marinara
Broccoli
Pineapple

December 25, 2019

Southwest Veggie Burger
WG Bun
Steamed Carrots
Honeydew

December 26, 2019

BBQ Chicken
BBQ Tofu
WG roll
Green Beans
Applesauce

December 27, 2019

Chicken Nuggets
Veggie Nuggets
WG Bread
Mashed Potatoes
Apple Slices

December 30, 2019

Rotini Pasta
Tomato Cream Sauce
and Mozzarella Cheese
Peas
Pear Silces

December 31, 2019

Pizza Muffin w/Marinara
Cucumbers
Pineapple

