

spring lunch menu }

march 2020
april 2020
may 2020

monday

tuesday

wednesday

thursday

friday

March 2, 2020
BBQ Chicken
BBQ Tofu
WG Roll
Roasted Sweet Potatoes
Pear Slices

March 9, 2020
Beef Kofta Bites
Veggie kofta Bites
WG Roll
Cucumber Slices
Cantaloupe

March 16, 2020
Turkey Meatloaf
Veggie-loaf
WG Roll
Mashed Potatoes
Orange Slices

March 23, 2020
Turkey Sloppy Joe
Boca Sloppy Joe
WG Bun
Green Beans
Pear Slices

March 30, 2020
BBQ Chicken
BBQ Tofu
WG Roll
Roasted Sweet Potatoes
Pear Slices

March 3, 2020
Beef Taco
Boca Taco
Flour Tortilla
Roma Tomatoes
Mango

March 10, 2020
Kung Pao Chicken
Kung Pao Tofu
Asian Noodles
Broccoli
Pineapple

March 17, 2020
Tortellini Marinara
Green Beans
Cantaloupe

March 24, 2020
Lemon Chicken
Lemon Tofu
Brown Rice
Cucumber Salad
Honeydew

March 31, 2020
Beef Taco
Boca Taco
Flour Tortilla
Roma Tomatoes
Mango

March 4, 2020
Asian Meatballs
Veggie Meatballs
Quinoa
Broccoli
Orange Slices

March 11, 2020
Turkey Sausage Patty
Veggie Sausage Patty
French Toast
Peas
Honeydew

March 18, 2020
Sweet & Sour Chicken
Sweet & Sour Tofu
Brown Rice
Broccoli
Pineapple

March 25, 2020
Beef Burger
Veggie Burger
WG Bun
Roasted Beets
Banana

March 5, 2020
Rotini Pasta
Tomato Cream Sauce
Mozzarella Cheese
Green Beans
Pineapple

March 12, 2020
Lasagna Roll Up
Green Beans
Pearsauce

March 19, 2020
Creamy Mac and Cheese
Peas
Honeydew

March 26, 2020
Baked Ziti
Broccoli
Pineapple

March 6, 2020
Chicken Nuggets
Veggie Nuggets
WG Roll
Peas & Carrots
Apple Slices

March 13, 2020
Veggie Burger
WG Bread
Butternut Squash
Apple Slices

March 20, 2020
Fish Tenders
Veggie Nuggets
WG Bread
Steamed Carrots
Kiwi

March 27, 2020
Veggie Tamale
Steamed Carrots
Apple Slices



nut free kitchen!
scratch cooking!