



**GOURMET  
GORILLA**

Monday

Tuesday

Wednesday

Thursday

Friday

Monday, May 4

Teriyaki Chicken  
*Teriyaki Tofu*  
(Not So) Fried Rice  
Peas & Carrots  
Pear Slices

Tuesday, May 5

Penne w/Tomato Cream  
Sauce & Mozzarella Cheese  
Broccoli  
Apple Slices

Wednesday, May 6

Chicken Tinga  
*Veggie Taco "Meat"*  
Shredded Cheddar Cheese  
Flour Tortilla  
Roma Tomatoes  
Pineapple

Thursday, May 7

Turkey Sausage Patties  
*Vegan Sausage Patties*  
WG Waffle  
Cucumber Slices  
Melon  
Blueberry Compote

Friday, May 8

Ravioli w/Marinara Sauce  
Mozzarella Cheese  
Green Beans  
Orange Slices

Monday, May 11

Bell & Evans Chicken Nuggets  
*GF/DF/EF Veggie Nuggets*  
WG Bread  
Steamed Carrots  
Apple Slices  
Ketchup

Tuesday, May 12

Creamy Mac & Cheese  
Squash Medley  
Pear Slices

Wednesday, May 13

Adobo Chicken  
*Adobo Tofu*  
Spanish Rice  
Green Pepper Strips  
Melon

Thursday, May 14

Pizza Bread  
Marinara Sauce  
Broccoli  
Pineapple

Friday, May 15

Beef Sloppy Joe  
*Veggie Sloppy Joe*  
WG Hamburger Bun  
Green Beans  
Orange Slices

Monday, May 18

Farfalle w/Roasted Red Pepper  
Sauce & Mozzarella Cheese  
Steamed Carrots  
Pear Slices

Tuesday, May 19

Southwest Sweet Chipotle Chicken  
*Southwest Sweet Chipotle Tofu*  
Rice Pilaf  
Steamed Peas  
Apple Slices

Wednesday, May 20

WG Chicken Patty  
*Veggie Burger*  
WG Hamburger Bun  
Red Pepper Strips  
Melon  
Ketchup

Thursday, May 21

Tortellini w/Marinara Sauce  
Mozzarella Cheese  
Broccoli  
Fruit Salad HP

Friday, May 22

Pineapple Miso Meatballs  
*Pineapple Miso Veggie Meatballs*  
WG Pita  
Green Beans  
Orange Slices

Monday, May 25

Penne Pasta w/ Tomato Cream Sauce  
Mozzarella Cheese  
Steamed Carrots  
Appleberry Sauce

Tuesday, May 26

Southwest Seasoned Chicken  
*Southern Lentils*  
Arroz Verde  
Red Pepper Strips  
Apple Slices

Wednesday, May 27

Turkey Bolognese  
*Veggie Bolognese*  
Rotini Pasta  
Broccoli  
Pineapple

Thursday, May 28

Bell & Evans Chicken Nuggets  
*GF/DF/EF Veggie Nuggets*  
WG Bread  
Steamed Peas  
Fruit Salad CP  
Ketchup

Friday, May 29

Beef Sloppy Joe  
*Veggie Sloppy Joe*  
WG Hamburger Bun  
Peas & Carrots  
Applesauce

WG= Whole Grain  
CHP= Cantaloupe, Honeydew, Pineapple

# Hot Lunch Menu

May 2026

[GourmetGorilla.com](http://GourmetGorilla.com)



**GOURMET  
GORILLA**



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Monday

Tuesday

Wednesday

Thursday

Friday

Monday, May 4

Penne Pasta Marinara  
Mozzarella Cheese  
Peas & Carrots  
Pear Slices

Tuesday, May 5

Bell & Evans Chicken Nuggets  
WG Bread  
Broccoli  
Apple Slices  
Ketchup

Wednesday, May 6

Creamy Mac & Cheese  
Roma Tomatoes  
Pineapple

Thursday, May 7

Penne Pasta Marinara  
Mozzarella Cheese  
Cucumber Slices  
Melon

Friday, May 8

Bell & Evans Chicken Nuggets  
WG Bread  
Green Beans  
Orange Slices  
Ketchup

Monday, May 11

Creamy Mac & Cheese  
Steamed Carrots  
Apple Slices

Tuesday, May 12

Bell & Evans Chicken Nuggets  
WG Bread  
Squash Medley  
Pear Slices  
Ketchup

Wednesday, May 13

Penne Pasta Marinara  
Mozzarella Cheese  
Green Pepper Strips  
Melon

Thursday, May 14

Bell & Evans Chicken Nuggets  
WG Bread  
Broccoli  
Pineapple  
Ketchup

Friday, May 15

Creamy Mac & Cheese  
Green Beans  
Orange Slices

Monday, May 18

Bell & Evans Chicken Nuggets  
WG Bread  
Steamed Carrots  
Pear Slices  
Ketchup

Tuesday, May 19

Creamy Mac & Cheese  
Steamed Peas  
Apple Slices

Wednesday, May 20

Penne Pasta Marinara  
Mozzarella Cheese  
Red Pepper Strips  
Melon

Thursday, May 21

Bell & Evans Chicken Nuggets  
WG Bread  
Broccoli  
Fruit Salad HP  
Ketchup

Friday, May 22

Creamy Mac & Cheese  
Green Beans  
Applesauce

Monday, May 25

Bell & Evans Chicken Nuggets  
WG Bread  
Steamed Carrots  
Pear Slices  
Ketchup

Tuesday, May 26

Creamy Mac & Cheese  
Red Pepper Strips  
Apple Slices

Wednesday, May 27

Bell & Evans Chicken Nuggets  
WG Bread  
Broccoli  
Pineapple  
Ketchup

Thursday, May 28

Penne Pasta Marinara  
Mozzarella Cheese  
Steamed Peas  
Fruit Salad CP

Friday, May 29

Creamy Mac & Cheese  
Peas & Carrots  
Applesauce

WG= Whole Grain  
CHP= Cantaloupe, Honeydew, Pineapple

# Comfort Lunch Menu

May 2026

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This institution is an equal opportunity employer



# GOURMET GORILLA