



CACFP/Pre-K Lunch (Day-Of)

October 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Creamy Tomato Farfalle Pasta Squash Medley Applesauce	29 BBQ Chicken Breast Southern Lentils Cornbread • Brown Rice Roasted Potatoes Pear Slices	30 Turkey Bolognese Sauce Veggie Bolognese Penne Pasta Peas Pineapple	1 WG Chicken Patty Vegan Black Bean Burger Hamburger Bun Broccoli Fruit Salad <i>Ketchup</i>	2 Homemade Pizza Bread Marinara Sauce • Green Beans Orange Slices
5 Cheesy Tortellini in Marinara Sauce Squash Medley Applesauce	6 Chili Mac Broccoli Pear Slices	7 Chicken Nuggets GF Chickenless Nuggets WG Bread Steamed Carrots Pineapple <i>Ketchup</i>	8 Teriyaki Chicken Teriyaki Tofu (not so) Fried Rice Peas & Carrots Cantaloupe	9 Beef Sloppy Joe Veggie Sloppy Joe Hamburger Bun Green Beans Applesauce
12 Mac & Cheese Carrot Coins Pear Slices	13 Turkey Taco Veggie Tacos Flour Tortilla Green Pepper Strips Apple Slices	14 Turkey Chili Three Bean Chili WG Garlic & Herb Breadstick Peas Cantaloupe <i>Shredded Cheddar Cheese</i>	15 Cheesy Ravioli in Marinara Sauce Broccoli Fruit Salad	16 Veggie Sausage Patty Turkey Sausage Patty GF/DF/FF WG Pancake Roasted Potatoes Applesauce <i>Strawberry Compote</i>
19 GF Chickenless Nuggets Chicken Nuggets WG Bread Green Beans Apple Slices <i>Ketchup</i>	20 Cheesy Marinara Penne Pasta Broccoli Pear Slices	21 Turkey Meatloaf Vegetarian Meatballs WG Garlic & Herb Breadstick Mashed Potatoes Fruit Salad <i>Gravy</i>	22 Beef Tacos Veggie Tacos Flour Tortilla Salsa Pineapple <i>Shredded Cheddar Cheese</i>	23 Homemade Margherita Pizza Bread Marinara Sauce • Steamed Carrots Orange Slices
26 Creamy Tomato Farfalle Pasta Squash Medley Applesauce	27 BBQ Chicken Breast Southern Lentils Cornbread • Brown Rice Roasted Potatoes Pear Slices	28 Turkey Bolognese Sauce Veggie Bolognese Penne Pasta Peas Pineapple	29 WG Chicken Patty Vegan Black Bean Burger Hamburger Bun Broccoli Fruit Salad <i>Ketchup</i>	30 Homemade Pizza Bread Marinara Sauce • Green Beans Orange Slices



CACFP/Pre-K Comfort Lunch (Day of)

October 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Mac & Cheese Squash Medley Applesauce	29 Cheesy Marinara Penne Pasta Green Pepper Strips Fruit, Watermelon, 1/4 Cup	30 Chicken Nuggets WG Bread Peas Pineapple <i>Ketchup</i>	1 Cheesy Marinara Penne Pasta Broccoli Fruit Salad	2 Mac & Cheese Green Beans Orange Slices
5 Chicken Nuggets WG Bread Squash Medley Applesauce <i>Ketchup</i>	6 Cheesy Marinara Penne Pasta Broccoli Pear Slices	7 Mac & Cheese Steamed Carrots Pineapple	8 Cheesy Marinara Penne Pasta Peas & Carrots Cantaloupe	9 Mac & Cheese Green Beans Applesauce
12 Chicken Nuggets WG Bread Carrot Coins Pear Slices <i>Ketchup</i>	13 Cheesy Marinara Penne Pasta Green Pepper Strips Apple Slices	14 Mac & Cheese Peas Cantaloupe	15 Chicken Nuggets WG Bread Broccoli Fruit Salad <i>Ketchup</i>	16 Mac & Cheese Roasted Potatoes Applesauce
19 Cheesy Marinara Penne Pasta Green Beans Apple Slices	20 Chicken Nuggets WG Bread Broccoli Pear Slices <i>Ketchup</i>	21 Mac & Cheese Peas Fruit Salad	22 Cheesy Marinara Penne Pasta Roma Tomatoes Pineapple	23 Chicken Nuggets WG Bread Steamed Carrots Orange Slices <i>Ketchup</i>
26 Mac & Cheese Squash Medley Applesauce	27 Cheesy Marinara Penne Pasta Green Pepper Strips Fruit, Watermelon, 1/4 Cup	28 Chicken Nuggets WG Bread Peas Pineapple <i>Ketchup</i>	29 Cheesy Marinara Penne Pasta Broccoli Fruit Salad	30 Mac & Cheese Green Beans Orange Slices